

Eco Nomadic School

Frensdorf, Birkach, Höfen und Sulzbürg
Southern Germany

FrauenWirtschaft international / Rural Women's Economies

19th – 21st October 2012

Organised by Kathrin Böhm (myvillages.org) and Heide Inhetveen,
in cooperation with the Peasant Museum Frensdorf

Programme

Friday, 19th October 2012: **To provide and to economise**

- 09.30 Welcome and **guided tour through the exhibition** "Sauerkraut und Ketchup"
at the Peasant Museum in Frensdorf (Birgit Jauernig)
- 11.00 **All about White Cabbage**
The groups from Höfen, Sulzbürg and Brezoi are invited to prepare several cabbage dishes together. Everyone is asked to briefly introduce themselves with the ingredients brought "from home", e.g. herbs, vinegar, side dishes.
(Communal Kitchen, Peasant Museum) (Kathrin Böhm)
- 12.30 **Lunch together**
- 14.00 Visit to the "**Haus der Bäuerin**" ("Women Farmers House") in Birkach (30km)
These communal houses for rural communities were built in the 1950ies to provide shared infrastructure for food processing, food storage, a bath house, communal kitchen and social facilities. (Sylvia Hellmuth)
- 15.30 **Coffee and Cake** in the Communal Village House in Höfen (7km) (Höfer Women)
Group discussion on "Women, Economy and Money – rural women as business secretaries"
(Input: Heide Inhetveen)
- 17.30 Departure, Sulzbürg/Gemeinde Mühlhausen/Oberpfalz (120km)
- 19.00 Arrival at the local Seminar Centre in Sulzbürg
- 1.300 **Dinner** followed by informal film screening with contributions from all guest, e.g. Pantry film, Vorratskammer Film, Village Produce Films, A Village Does Nothing film, etc.

Saturday 20th Oktober 2012: **Talking Business**

- 9.00 Visit to the **Farmer's Market** in Neumarkt (12km)
- 11.30 Visit to the **Village Shop** in Sulzbürg, run by a collective of local women
- 13.00 Lunch at Seminar Centre Sulzbürg
- 14.00 **Sites of Production and Models of Trade in rural areas** (Input: Heide Inhetveen and Gabriele Götz)
Groups based discussions, using the case studies so far to speculate and think other local scenarios and shop ideas, such as the Odaia economy in Brezoi, the International Village Shop as a cultural project, possible developments for the village shop in Sulezbürg, etc.
- 16.00 Get together and conclusions
- 17.00 Change and Trade in a Migration Village: **Tour through the village of Sulzbürg**
by Heide Inhetveen

19.30 All about Herbs

Local knowledge and applications in trans-local comparison.

Homemade cosmetics and clay treatments with Sylvia Helmuth (Höfen), Recipes from Margit Graf (Farmer and Herbal teacher) and local knowledge by Gigi Onica from Brezoi.

Sunday, 21st October 2012

10.00 Precautions and Sustainable Economies

(Input: Elisabeth Meyer-Renschhausen)

Group based work on evolving issues.

12.00 Presentation and final discussion

13.00 Lunch

14.00 Eco Nomadic School meeting

Guests and Participants

The programme's structure hopes to allow for engagement on different levels and in accordance to individual interests and knowledge.

It addresses a broad group of women who live in the rural and/or work on issues related to women's economies and production

It is possible to take part in individual parts of the programme.

Focus groups are

- the women from Höfen and Sulzbürg
- participants in the wider Eco Nomadic School network
- colleagues with a close interest in the issues of the workshop

Language

The seminar will be in German, English and French

Travel

The nearest airport is Nuremberg.

Nearest train station on day 01 is Bamberg, and on day 02 Neumarkt/Oberpfalz.

We will hire a mini bus or two large cars to move between the villages.

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